



The Liver Care Foundation

Annual Report 2015

Jan. to Dec.



Our Team

Board of Trustees

Dr. Shiv Sarin, MD, DM	Founder Trustee and member
Dr. Kiran Modi	Managing Trustee and member
Dr. Puja Sakhuja	Trustee and member
Ms. Vibhuti Sharma	Trustee and member

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Mr. M L Lahoty

Honorary Chief Operating Officer

Ms. Vibhuti Sharma

Thrust Area with Key Activities

Awareness

Awareness on liver disease

The aim of LCF is to bring about an awakening in the minds of people about the importance of functioning of liver in a human body; and if not taken care of, can create a number of diseases related to liver and thus cause complications. It will also educate people about the treatment of liver disease and the availability of Doctors and Hospitals treating this malady.

Awareness on organ donation

Our aim is to educate the people on the importance of donating their organs so that others can get a new life.

- A centralized registry and a system of donor cards to those who pledge their organs.
- A system of linkages to facilitate a smooth coordination amongst the hospitals in a city specifically trauma centers with ICU facilities for organ removal and distribution.

Assistance

LCF will endeavour to provide assistance in terms of financial aid (and through Donors) to those who are willing to donate their liver.

Academics

LCF also undertakes to promote upcoming Doctors, financially, who though, are well qualified to attend higher studies or present papers, but cannot do so for lack of funds. Each case is considered on merit through a screening body before providing them with any financial assistance.

Organization Values

Competency, Credibility, Commitment, Care and Cooperation constitute the culture of Liver Care Foundation.

Future Plan

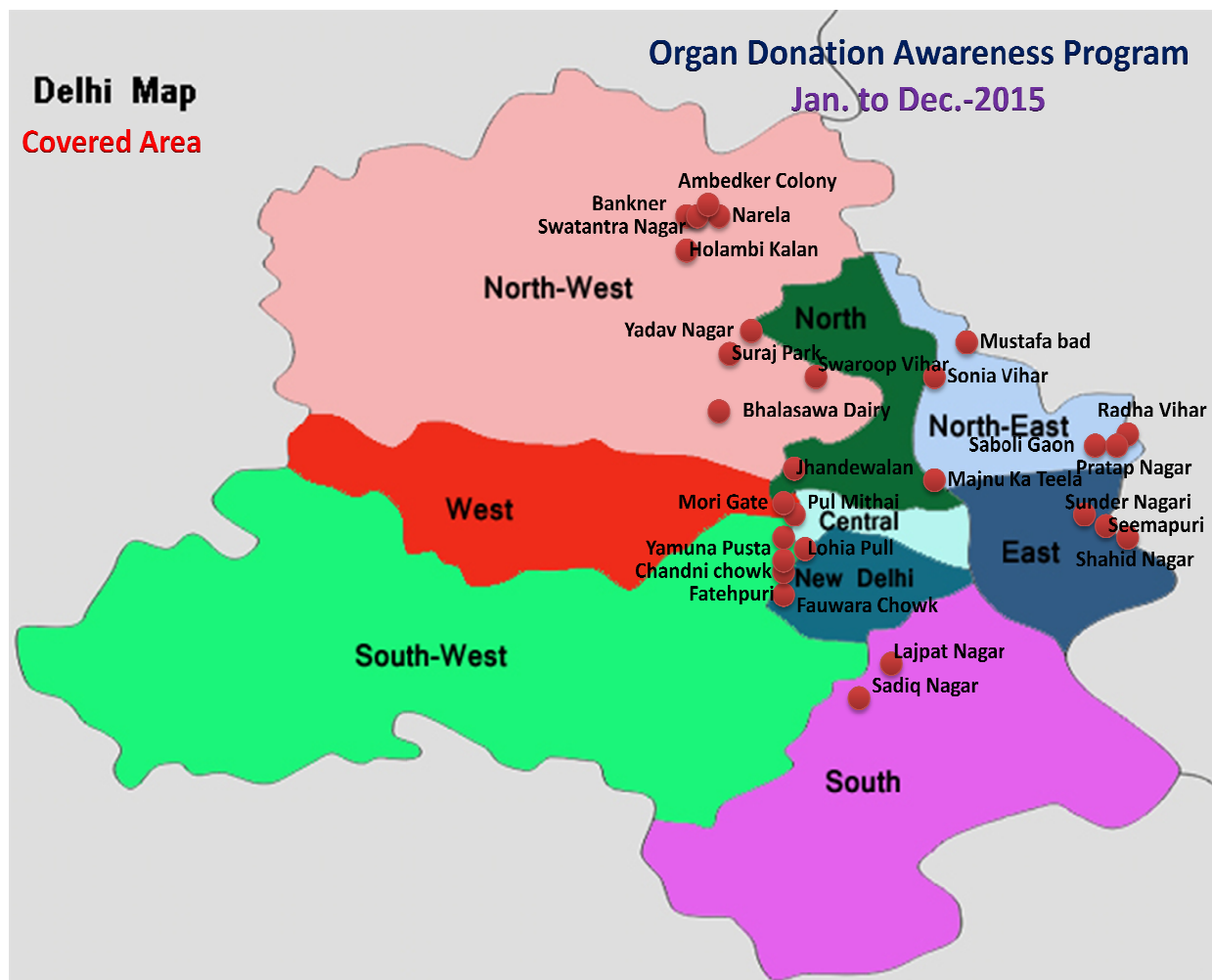
Presence in every state including union territories to aware the gross root people on organ donation and to increase the number of registry of organ donation. The Foundation will try to reach the messages and results of awareness and surveys of organ donation in national & international seminars and conferences.



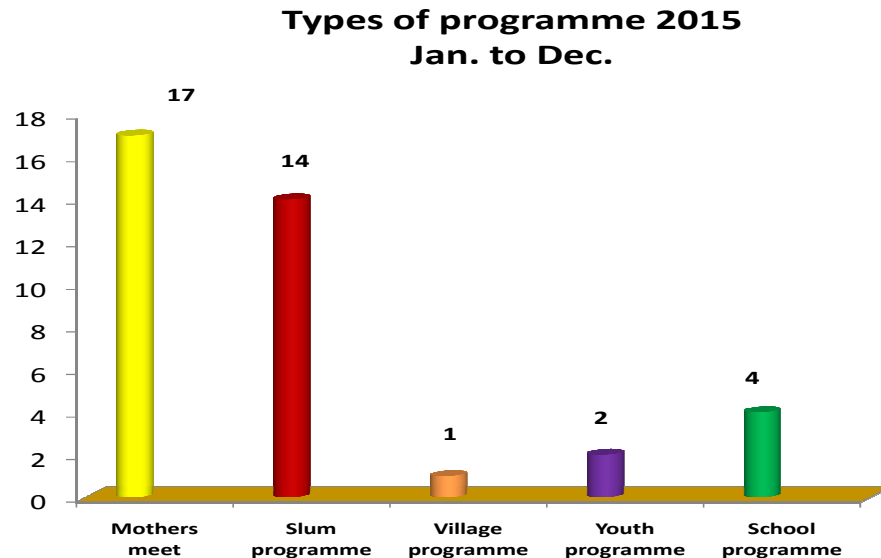
Organ donation awareness programme

In the year 2015 The Liver Care Foundation took an initiative for awareness on organ donation because there is a lack of awareness among people with regards to deceased organ donation, the concept of brain death and the process of organ transplantation.

The religious mindset together with the unpleasant experiences in the health sector faced by people is detrimental to the improvement of the organ transplant scenario in India. Lack of awareness remains one of the leading reasons for such low organ donation rates in India. The liver Care Foundation has taken a significant step to create awareness on this sensitive issue to conduct the education programs through NGOs, schools, corporate & stalls.



In 2015 our main focus was to create awareness among the public on organ donation. So, we built up networking with NGOs & schools to organize the awareness program. In the year 2015 we have conducted total 38 awareness programs with collaboration of 7 NGOs & 4 schools. A total 1018 person attended the session



Data shows that a total 17 mothers meet programs, 14 slum programs, 1 village program, 2 youth programs and 4 school programs were conducted out of total 38 programs.

Organ donation program with NGOs

The Liver Care Foundation made the networking with NGOs and organized 34 programs to aware the community of North West Delhi. Our session was divided in to three parts: pre test, education session & post test.

Participants were aware on various aspects of organ donation like as- what is organ donation, it's types, about brain death, what can we donate after brain death etc. Role of family, myths, superstitions, & facts of organ donation were

discussed. It was also discussed that how can people register on DORSO website to be an organ donor.



Awareness using flip chart

NGOs cooperation like as SAND, PCI, Navshrishti, Aradhya, CSI, Samarth & Srijan Foundation were much helpful to aware the people on this sensitive topic.

Organ donation awareness program with school teachers



Education session on organ donation with 1st & 2nd shift teachers of Central school, Sadiq Nagar, New Delhi

We conducted the awareness programme on organ donation with the teachers of Central School at Sadiq Nagar. It was observed that all the teachers were eagerly waiting for listening on this sensitive topic. They were listening attentively. Some questions were asked by the teachers like as how will we know that organs might go to those who have waited the longest or are the neediest? Will the body disfigure after donation? One teacher said after she becomes aware about this then her family may become ready to donate her brother's organs after the declaration of brain death by the doctors. One teacher told an incident that how

an army doctor saved a soldier's life to transplant a brain dead soldier's organ while the doctor was blaming by the Pandit at the time of soldier's funeral that he harvested the organs for selling.

Organ donation awareness program with school students



The student of B.R.M. Sr. Secondary School, Lajpat Nagar, listening attentively & distribution of pamphlets

The school program was conducted with Kendriya Vidyalaya, Prajapati Public School and Balwant Rai Mehta Sr. Secondary School. All the programs were very successful. Students were very excited to listen on this topic. It was observed that they were listening attentively. Principals of the schools were showing interest on this topic but he was feared with rackets selling organs.

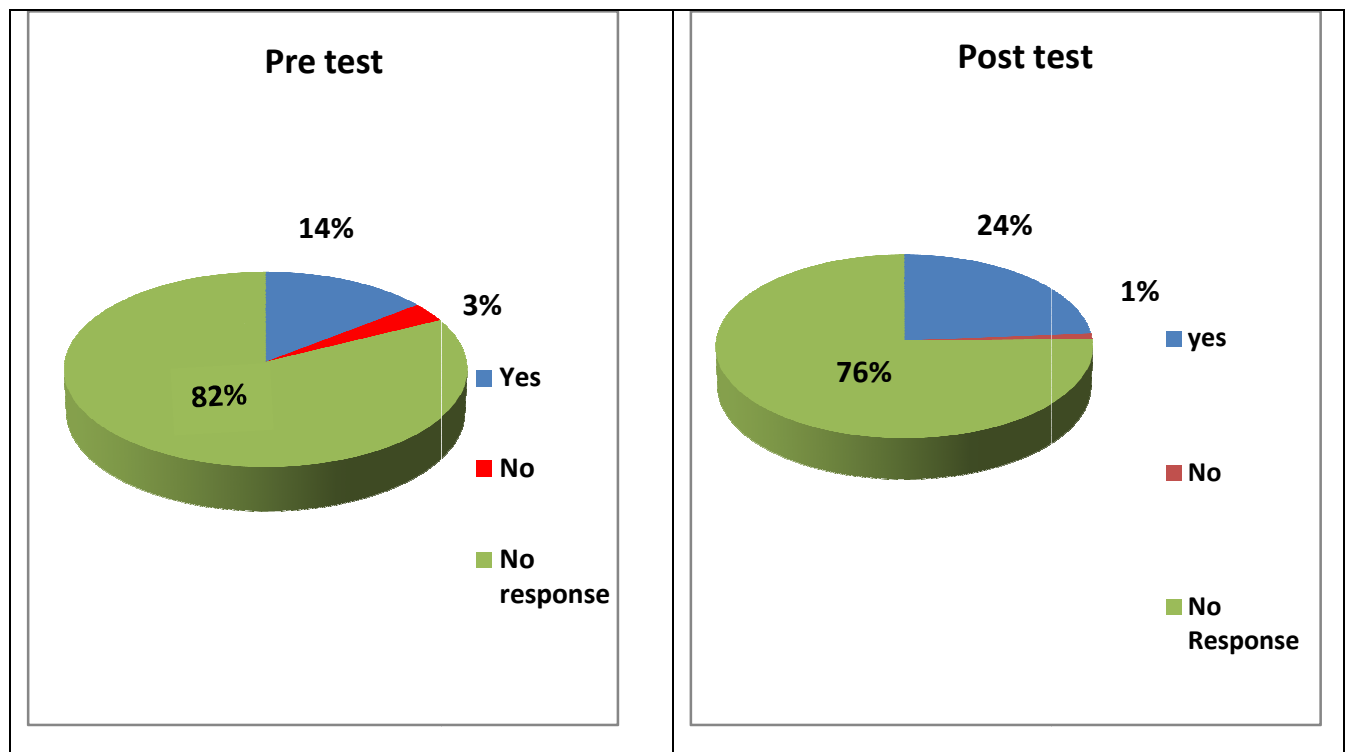
Participant's pre test and post test

It was very important to know the level of awareness of participants on organ donation so The Liver Care Foundation conducted a pre-test & post test with some questions like as- Is organ donation possible? & if a fatal accident in your family takes place, would you positively participate in the decision to donate organs?

In **pre test** only 14% participants agreed that organ donation is possible, 1% did not agree & the majority 94% people did not give any response but when we repeated same questions for **post test** there was a very positive result – 24%

participants agreed that organ donation is possible, just 1% did not agree & for 76% there were no response.

Data show with pie chart:



The second question was that if a fatal accident in your family took place; would you positively participate in the decision to donate organs? The result of **pre test** was only 2% agreed while 12% disagreed and 85% participants were silent but when we repeated same questions for **post test** there was very positive result – 15% participants agreed, 6% did not agree & 79% did not give any response. This positive results show that our awareness programme on organ donation was very effective among the community.

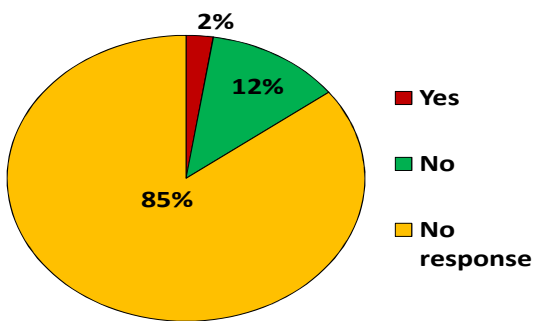


Awareness through flip chart

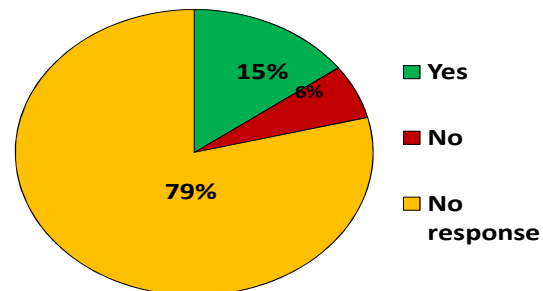


Hands up for positive thinking

Pre test



Post test



There were so many reasons for negative thinking or silence of participants for donating organs. **People have wrong belief** “We are so poor and have so many problems, how can we think about organ donation?” “Organ donation se hamara kya faida hoga?” **Lack of awareness** is the primary reason behind the shortfall of organ donation. Educated people were feared the selling rackets of organs. Myths, misconceptions, religion or superstitious reasons, & concept of organs trafficking were the barriers.

Sensitization programme

The Liver Care Foundation organized 1st sensitization programs with the **Fitness First** on 25th May, 2nd with Ericsson on 15th June & 3rd sensitization programme on 18th June with Ericsson.



Sensitization programme with Fitness First

Mrs. Vibhuti Sharma Transplant Coordinator ILBS & honorary C.O.O. LCF, conducted this program with the help of power point presentation, She explained about the organ donation, type of organ donation, brain death, myths & facts. She also explained about organ donation rate in India & organs transplant law of India. Total number of participants in these programmes was approximately 85. Program was very effective because 95% members answered come out positively.



Sensitization programme with Ericsson

Stall for awareness on organ donation at DCWA International Bazar at Chanakyapuri

The Liver Care Foundation found a good platform to organize a stall to aware the people through DCWA International Bazar at Ashoka Hotel, Chanakya Puri on 13th Dec. 2016.

Our stall was unique because this was not for commercial purpose. The stall was decorated with posters, banners, balloons and brochures etc. Many people approached eagerly to know about organ donation. The drawing competition & the slogan completion were also organized. People participated in these completions. The prize was distributed to the winner by Ms. Sarin wife of Dr. S.K. Sarin Director of ILBS. A total 11 person registered their name to be an organ donor. This was good achievement for us. There is an important role of puppets to give the message among the people so The Liver Care Foundation organized a puppet show to aware the people on this sensitive issue. People were showing interest in this show.

Some snaps shot of stall



LCF organ donation stall at DCWA International Bazar



Children participation in painting competition



People participation in slogan competition



Prize distributed by Ms. Sarin



Organ donor registration

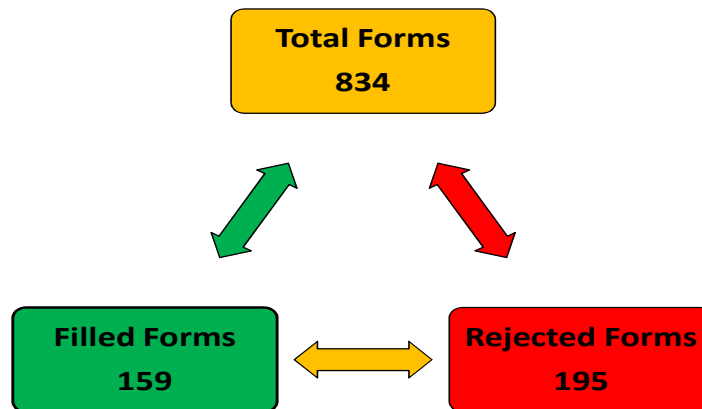


Puppet show on organ donation

Community survey

A community survey has been done by The Liver Care Foundation at Janakpuri East, West and Nangloi area to get a feel for public knowledge and attitude on organ donation. It is not only a survey but also our way of educating the public on this sensitive issue that haunts us regularly.

A total 834 survey forms were distributed to know the awareness level of the community on organ donation in which 639 forms were filled while 195 were rejected.



Filling the survey form

Results:

Data collection was carried out via face to face interview based on a pre-tested questioner in selected public areas of Delhi. As a result 89%, the majority were aware that organs can be donated to save a life of another person while 8% were not aware and Just 3% had no idea about this. 55% agreed that organs can be donated after death, 5% agreed that organ can be donated during life while 40% agreed for both. Out of 159 only 21% were aware about brain death while 79% the majority were not aware about this. 62% were agreed that organ donation can take place at any age, 28% did not agreed and just 10% had no idea. When

the question was asked that are you willing to be an organ donor after death?" The result was that 22% agreed while 78% did not agree be an organ donor after death.



Organ donation survey at Panjabi Bagh & Shalimar Bagh

Data show with table:

S. No.	Questionnaires	Results
1	Are you aware that organs can be donated to save a life of another person?	Yes -89% No-8% No idea-3%
2	When can organs be donated?	After death -55% During Life-5% Both -40%
3	Do you know about brain death?	Yes -21% No-79%
4	Can organ donation take place at any age?	Yes -62% No-28% No idea-10%
5	Are you willing to an organ donor after death?	Yes -22% No-78% No Response-0%

Survey on organ donation in government hospitals & private hospitals

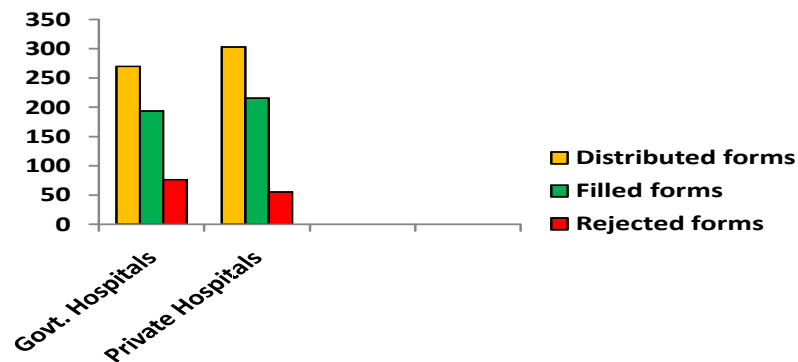
A survey has been done by the Liver Care Foundation to know the awareness on organ donation between government hospitals & private hospitals of Delhi.

Selected hospitals for survey:



Government Hospitals	Private Hospitals
Dr. Ambedker Hospital	Jaipur Golden Hospital
L.N.J.P. Hospital	Mata Charan Devi Hospital
R.M.L. Hospital	St. Steephen Hospital
Hindu Rao Hospital	Sunderlal Jain Hospital

Survey in Government Hospitals & Private Hospitals



In government hospital distributed forms were 270 to know the awareness on organ donation in which, there were 194 filled forms & 76 rejected forms while in private hospitals total distributed forms were 303, in which 216 forms were filled & 55 forms were rejected.

Key results:

Key results presented showed that in government hospitals 92%, the majority were aware that organs can be donated to save a life of another person, 4% were not aware and also 4% have no idea about this while in private hospitals 96% majority were aware that organs can be donated to save a life of another person, 2% were not aware and also 2% have no idea. In govt. hospitals the result of other question was that 53% agreed that organs can be donated after death, only 3% agreed that organ can be donated during life while 44% agreed for both. When same question was repeated in private hospital 51% agreed that organs can be donated after death, 2% agreed that organ can be donated during life while 47% agreed for both. Awareness on brain death in govt. hospitals was 23% and the majority 77% was unaware while in private hospitals 19% were aware and the majority 81% was unaware on brain death. In govt. hospitals 69% agreed that organ donation can take place at any age, 17% did not agree and just 14% had no idea. The response on the same question in private hospital was such that 71% were agreed that organ donation can take place at any age 16% did not agree and just 13% had no idea. When the question was asked in govt. hospital that: are you willing to be an organ donor after death. Just 1% agreed while 30% did not agree and 69% the majority did not give any response. The answer on the same question in private hospital was such that Just 1% agreed while 27% did not agree while for 72% there was no response. Results show that participants of private hospitals were much aware on organ donation than participants of govt. hospitals.



A Comparative data of survey in government hospitals and private hospitals

S.No.	Questionnaires	Government Hospitals	Private Hospitals
1	Are you aware that organs can be donated to save a life of another person?	Yes -92% No-4% No idea-4%	Yes -96% No-2% No idea-2%
2	When can organs be donated?	After death -53% During Life-03% Both -44%	After death -51% During Life-02% Both -47%
3	Do you know about brain death?	Yes -23% No-77%	Yes -19% No-81%
4	Can organ donation take place at any age?	Yes -69% No-17% No idea-14%	Yes -71% No-16% No idea-13%
5	Are you willing to be an organ donor after death?	Yes -1% No-30% No Response-69%	Yes -1% No-27% No Response-72%

APASL Award 2015

The effort to extend support to young scientists and doctors continues. Nine names were selected for award of The Liver Care Foundation grants this year to support their presentation at the APASL in Istanbul, Turkey. It was heartening to see that we have been able to provide these bright, young achievers the opportunity to present their pieces of work.

Name of APASL awardees for The Liver Care Foundation Grant 2015

1. Dr. Cyriac Philip	6. Dr. Avishek Kumar Singh
2. Dr. Deeplaxmi Borley	7. Dr. Varun Gupta
3. Dr. Sudhir Maharshi	8. Dr. Pathik Parikh

4. Dr. Jatinderpal Singh	9. Dr. Amrish Sahney
5. Dr. Awinash Kumar	